



**SEAVIEW**  
HIGH SCHOOL



# SPECIAL INTEREST SPORTS

INFORMATION  
BROCHURE



Government  
of South Australia

Department for Education



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## USEFUL LINKS:



<https://www.facebook.com/seaviewhigh>



<https://www.seaviewhs.sa.edu.au/learning/>



<https://www.seaviewhs.sa.edu.au/seaview-sport/>



# WHAT IS SIS?

The Special Interest Sports Program is offered to Seaview High School students from Years 7-12 in addition to the general Health and Physical Education curriculum.

The SIS program is designed for students with a genuine interest in understanding and utilising the science behind physical performance.

The SIS program has three goals:

- To prepare students for a career in the broad area of physical activity
- To provide a curriculum that maximises the athletic potential of each student
- To develop strong links that foster opportunities for all SIS students to further their athletic and academic progress

In conjunction with high level practical classes, students study elements of Nutrition, Sports Science and Exercise Physiology to develop skills and knowledge that will support their individual growth as an athlete.

Students will have opportunities to:

- Participate in State and National level sporting competitions
- Visit elite sporting facilities
- Learn from professional athletes
- Collaborate with professionals in the Human Movement and Performance fields
- Link with local sporting clubs
- Work in conjunction with specific community organisations, leading to specific pathway programs
- Access Fitness Centre (Weights Room)

The curriculum is designed to provide a direct pathway to Scientific Studies and/or PE in the SACE and allows students to transition in the Human Performance Industry.



# APPLYING FOR SIS

Applicants who are considering applying for the Special Interest Sports Program must complete a Special Interest Sports Program Application Form and provide a Coaches / PE Teacher Referee Statement.

These forms can be found on the [Seaview High School website](#).

Applicants must also complete and return the below paperwork as part of their application:

- Applicants must provide their two most recent school reports
- Applicants must provide written responses to the questions outlined on Page 5

Applicants will be required to attend a fitness testing/trial day which will include a series of fitness tests and practical component. Applicants will be advised of the date and time of this day after applications have closed.

The Special Interest Sports Program is only available to in-zone and/or currently enrolled students (not available for out-of-zone entry).

Please note that limited positions are available in the program each year.

**SIS APPLICATION DUE DATES CAN BE FOUND ON OUR [WEBSITE](#).**

As the SIS program is a specialist program, students will incur a subject levy to cover specialist coaching, travel and equipment.

Students accepted into the Special Interest Sports Program are required to remain as an active member for a minimum 3-year period (unless exited due to not meeting the requirements of the probation process).

For more information about the Special Interest Sports Program, please visit the Seaview High School website under the [Learning tab](#).

Alternatively, you can email the school at [dl.0893.info@schools.sa.edu.au](mailto:dl.0893.info@schools.sa.edu.au)



# WRITTEN RESPONSES

(CHILD/ YOUNG PERSON TO  
COMPLETE)

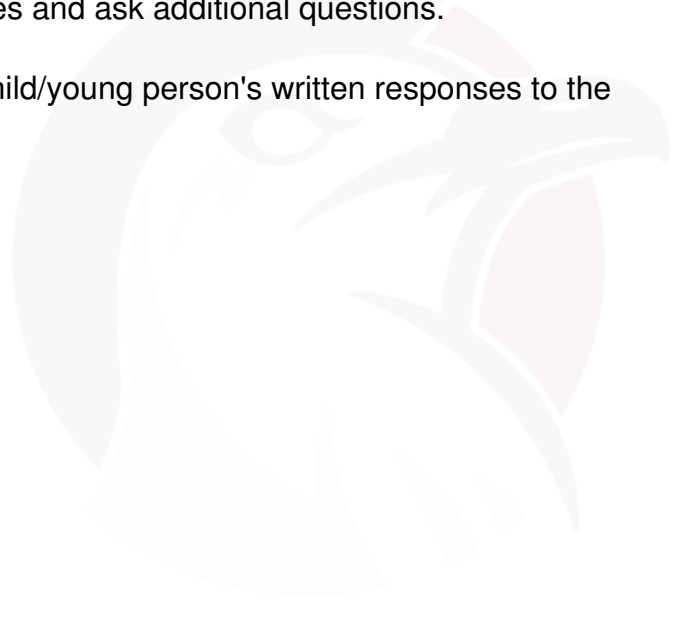
Applicants are to provide written responses to the below questions:

- What personal qualities will you bring to both the SHS and SIS community?
- How would you describe yourself as a learner? For example how do you prefer to learn? How would your teachers describe you as a learner?
- What are you hoping to achieve as a member of the SIS community during Years 7-12?
- What strategies will you use if you do not master a skill or a concept immediately?
- Any other information you would like the SIS faculty to know about you.

These responses will be reviewed prior to the fitness testing/trial day.

On the fitness testing/trial day, applicants will meet in small groups with the SIS Coordinator in an interview setting, to further discuss their responses and ask additional questions.

Please upload your child/young person's written responses to the application.



# FACILITIES

## AT SEAVIEW HIGH SCHOOL



### GYMNASIUM

We are fortunate to have two Gymsnasiums at Seaview High School.

PE1 is our larger Gym, which offers at any one time a full size Basketball/Netball court, x3 Volleyball courts or x6 Badminton courts.

PE2 is our small Gym which has a sprung floor and offers the function of a full size Volleyball court or x3 Badminton courts.



### FITNESS CENTRE

Our newly upgraded Fitness Centre is equipped with new, state-of-the-art cardio and weights equipment, purpose built floor, and recumbent exercise trainers.

The Weights Room is exclusively accessible to Special Interest Sports and HP Tennis students



### OUTDOOR COURTS

In 2023 we were delighted to open our new outdoor courts. This space offers at one time x4 Tennis courts or x2 Basketball/Netball courts.



### OVAL

Our school oval is one of the largest school ovals in Adelaide.

We have a full size AFL Football Oval (same size field as Adelaide Oval) with new goal posts, x2 Touch Football fields and ample space for other activities/sports. We also have a fixed outdoor volleyball net for recreational use.



# COMMUNITY LINKS

The Special Interest Sports Program works in collaboration with a number of community organisations to support student learning. Some of these organisations include:



## EXTRA-CURRICULAR SPORTING ACTIVITIES

### STATEWIDE SCHOOLS COMPETITIONS (SSC)

Formally known as Knockout Sport. Any Seaview High School student can nominate to be considered for selection in a Statewide Schools Competition team.

Depending on the specific sport and expressed interest, a trial process may be required to select teams.

### SOUTHERN ZONE SPORT (SZS)

Any Seaview High School student can participate in Southern Zone Sport.

The after school competition promotes participation and playing sport with friends.

SZS is a great opportunity to try a new sport, improve current skills and meet new people.

SIS students are encouraged to get involved in at least one sport per year.

### AND MORE...

In addition to the Statewide Schools Competitions and Southern Zone Sport, Seaview High School offers a wide range of Extracurricular Sporting Activities including the Glazbrook Shield (Staff vs Students Competition) and Seaview Carnivals (Volleyball, Touch Football and more). For more information, please visit the [Seaview Sports Hub](#).



# VALUES COMMITMENT

The Seaview High School Special Interest Sports (SIS) Program is a team and 'Community' of cooperative students, and we agree to abide by the following five values pillars:

## LOVE OF LEARNING

We will be open to new skills and embrace the chance to be involved in new opportunities. We will be open and considerate to everyone in our team, and we will always take up new challenges to improve ourselves as a team and individuals.

## HUMOUR

There will be times where humour should be used to create a positive environment. Although humour can be used in a negative way, we have to be cautious and ensure we don't cross the line so that we don't negatively impact any of our peers, but instead encourage and motivate them.

## KINDNESS

We will support and care for one another by providing help when needed. We will encourage one another and respect each other's decisions, so we all feel like we belong.

## HONESTY

We will own the mistakes we make as athletes and individuals, show good sportsmanship and give each other positive feedback on how we can improve. SIS isn't all about being competitive, it is all about having fun and being honest, kind and caring for each other.

## CURIOSITY

"Ask questions, try new things, become curious." We will apply our minds to ask questions to better improve our knowledge and sporting abilities. Mistakes provide opportunities to learn, grow and reach our highest potential.

# CONTACT DETAILS

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## **SEAVIEW HIGH SCHOOL**

Front Office

### **EMAIL ADDRESS**

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